



GREAT SOUTH RUN EVENTS 2024

Overview

The Great South Run event will be taking place on the 19th and 20th October this year and is sponsored by AJ Bell. Please see further details below, you can also find out more on the GSR website under their Events Guide: Great South Run Event Guide | Great Run

Saturday 19th October 2024

The Great South Run 5K race will take place at 10:00am. This event offers an ideal opportunity for beginners, or runners who are not into 10 miles, to take part in the iconic Great South Run weekend of events.

The 2.5K Junior race and the 1.5K Mini race will also take place on Saturday with the first race starting at 10:58.

Sunday 20th October 2024

The Great South Run 10-mile race will start at 10:15am. The competitors will start outside the Blue Reef Aquarium following a route to the Royal Naval Base, and then along Winston Churchill Avenue, back to the seafront via Hampshire Terrace, up to Eastney and back again via Clarence Esplanade to the finish.

Timetable

Road Closures

6am Mon	Jack Cockerill way closed
8am Fri	Clarence Esplanade and Avenue De Caen Closed
6am Sat	5k Route Closures
5am Sun	GSR Parking Restrictions in effect
9.30am Sun	GSR Road Closures in effect
5pm Sun	GSR Roads re-opened

Event Highlights

8:30am Sat	Event Open
10am Sat	5k Start
10:30am Sat	Mascot Dash Start
10:58am Sat	Junior Races Start
12:20pm Sat	Mini Races Start
7am Sun	Event Open
10:15am Sun	Elite Start
10:35am Sun	Mass Participation Start

Please note that timetable may be subject to change.

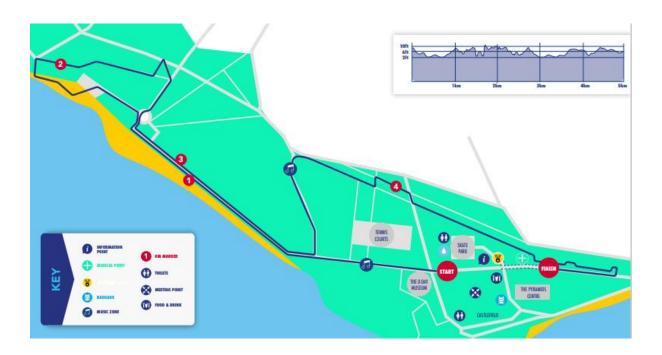
Full information regarding all parking restrictions and road closures is available here (TTRO 128/2024).





Route Maps

Saturday 19th October - 5km route



Saturday 19th October - Minis & Juniors route







Sunday 20th October - 10-mile route

