

# GREAT SOUTH RUN EVENTS 2024

## Overview

The Great South Run event will be taking place on the 19<sup>th</sup> and 20<sup>th</sup> October this year and is sponsored by AJ Bell. Please see further details below, you can also find out more on the GSR website under their Events Guide: [Great South Run Event Guide | Great Run](#)

### Saturday 19<sup>th</sup> October 2024

The Great South Run 5K race will take place at 10:00am. This event offers an ideal opportunity for beginners, or runners who are not into 10 miles, to take part in the iconic Great South Run weekend of events.

The 2.5K Junior race and the 1.5K Mini race will also take place on Saturday with the first race starting at 10:58.

### Sunday 20<sup>th</sup> October 2024

The Great South Run 10-mile race will start at 10:15am. The competitors will start outside the Blue Reef Aquarium following a route to the Royal Naval Base, and then along Winston Churchill Avenue, back to the seafront via Hampshire Terrace, up to Eastney and back again via Clarence Esplanade to the finish.

## Timetable

### Road Closures

6am Mon	Jack Cockerill way closed
8am Fri	Clarence Esplanade and Avenue De Caen Closed
6am Sat	5k Route Closures
5am Sun	GSR Parking Restrictions in effect
9.30am Sun	GSR Road Closures in effect
5pm Sun	GSR Roads re-opened

### Event Highlights

8:30am Sat	Event Open
10am Sat	5k Start
10:30am Sat	Mascot Dash Start
10:58am Sat	Junior Races Start
12:20pm Sat	Mini Races Start
7am Sun	Event Open
10:15am Sun	Elite Start
10:35am Sun	Mass Participation Start

Please note that timetable may be subject to change.

Full information regarding all parking restrictions and road closures is available [here](#) (TTRO 128/2024).

## Route Maps

### Saturday 19<sup>th</sup> October - 5km route



### Saturday 19<sup>th</sup> October - Minis & Juniors route



Sunday 20<sup>th</sup> October - 10-mile route

